

PRE-TODDLER/TODDLER CURRICULUM

DEVELOPMENTAL BENCHMARKS FOR CHILDREN

12 MONTHS-33 MONTHS OF AGE

TRACK DEVELOPMENT AND DISCOVER WHICH MILESTONES TO ANTICIPATE

COGNITIVE DEVELOPMENT:

12-18 MONTHS	18 MONTHS-24 MONTHS	24 MONTHS-33 MONTHS
Identifies one or more body parts	Pretends (ex.: the piece of playdough is a snake)	Answers yes/no questions
Learning to put objects together	Says own name	Speaks in phrases or three word sentences
Likes to imitate physical actions like blowing kisses and waving bye bye	Matches an object to a picture	Follows two step commands
Understands many words and and creates long babbled sentences	Recognizes self and family in pictures	Understands concepts of big and little

SOCIAL/EMOTIONAL DEVELOPMENT:

12-18 MONTHS	18 MONTHS-24 MONTHS	24 MONTHS-33 MONTHS
Plays <i>alongside</i> another toddler (parallel play)	Takes more of an interest in playing with other children	Starts developing the idea of turn taking with practice
Plays alone for short periods of time	Cooperative play in small groups	Identifies a friend
Beginning stages of empathy and awareness of others	Feels concerned when someone is crying	Categorizes people as boy or girl
Real sense of humor and belly laughs at funny faces, sounds	Begin to experience pride and defiance	Makes choices between one or two things

FINE MOTOR DEVELOPMENT:

12-18 MONTHS	18 MONTHS-24 MONTHS	24 MONTHS-33 MONTHS
Grasps a crayon and scribbles on a piece of paper	Builds towers up to 6 blocks	Builds towers up to 8 blocks
Turns pages of a thick book	Takes things/toys apart	Turns pages, one at a time, in a book
Picks up smaller objects using finger and thumb (pincher grasp)	Draws a straight line	Constructs simple 2-3 pieces puzzles
Enjoys switching toys from one hand to the other	Unzips clothes/jacket, helps put on socks/shoes	Strings large beads on a string

GROSS MOTOR DEVELOPMENT:

12-18 MONTHS	18 MONTHS-24 MONTHS	24 MONTHS-33 MONTHS
Sits in a chair	Rides a toy by pushing on the floor with alternating feet	Marches to music
Walks freely	Walks up steps	Walks up and down stairs unassisted
Kicks and throws a ball	Takes off own clothes	Jumps with both feet off the ground
Likes to carry things from place to place	Opens doors	Proficient at climbing, especially on and off furniture

