

# PRESCHOOL CURRICULUM

## DEVELOPMENTAL BENCHMARKS FOR CHILDREN

### 33 MONTHS-5 YEARS OF AGE

TRACK DEVELOPMENT AND DISCOVER WHICH MILESTONES TO ANTICIPATE

#### COGNITIVE SKILLS:

3 YEAR OLDS	4 YEAR OLDS	5 YEAR OLDS
Asks how, when and why questions	Understands the concepts of "same" and "different"	Retells main details of stories
Uses words to define space such as up, over & next to	Follows three-part commands	Counts numbers to 30+
Begins to identify letters in his or her name	Recognizes first & last name in written form	Writes first name, possibly last
Organizes materials in order of size	Names days of the week	Acts out stories

#### SOCIAL/EMOTIONAL SKILLS:

3 YEAR OLDS	4 YEAR OLDS	5 YEAR OLDS
Begins to take turns	Cooperates with other children	Engages in cooperative play involving role assignments
Sharing becomes evident with friends	Plays "Mom" and "Dad"	Becomes competitive
Understands concept of "mine" and "his/hers"	Negotiates solutions to conflicts	Develops sense of fairness
Plays in groups of 2-3 children	Loves other children and having a "friend"	Aware of gender

#### FINE MOTOR SKILLS:

3 YEAR OLDS	4 YEAR OLDS	5 YEAR OLDS
Makes up/down, side to side and circular lines with crayon	Draws a person with two to four body parts	Draws person with body
Turns book pages one at a time	Copies squares and crosses	Colors within lines
Strings beads	Cuts on a line with scissors	Dresses and undresses without help
Builds a tower of more than 6 blocks	Completes a 6 to 8 piece puzzle	Uses fork, spoon and (sometimes) a table knife

#### GROSS MOTOR SKILLS:

3 YEAR OLDS	4 YEAR OLDS	5 YEAR OLDS
Walks up and down stairs, alternating feet	Starts, stops and turns when running	Walks backwards, forward and sideways on a balance beam
Pedals tricycle skillfully	Rides a bicycle with training wheels	Able to jump rope
Catches ball with arms extended forward	Throws ball overhand	Somersaults, swings and climbs
Hops on one foot	Hops and stands on one foot up to 5 seconds	Stands on one foot for 10 seconds or longer